

OUR TRAINING OFFER

Train the trainer

- We offer a 2 day course for anyone wanting to be able to deliver restorative practice training themselves.

Restorative Conferences

- Peer support around running restorative meetings resolve conflict and repair relationships. We can also facilitate these.

Restorative Practice awareness training for managers

- The benefits of using high challenge and high support to motivate and engage your team
- How to build a community within your team
- Using restorative techniques to resolve conflict and repair relationships.

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Team meetings

- We can demonstrate restorative tools such as 'circles' to support democratic and engaging meetings.

Bespoke sessions

- To suit the needs of your service or organisation

All awareness courses are advertised on Leeds City Council PALS system and you can book through Business Support Centre on 0113 2475570

If you are external to Leeds City Council just get in touch with us and we will help you access all of the training and services we offer.



Twitter: @RPLeeds



Facebook: RestorativePracticeinLeeds



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RESTORATIVE PRACTICE TEAM TRAINING OFFER

Working with you to make a child friendly Leeds through restorative practices.



WHAT IS RESTORATIVE PRACTICE?

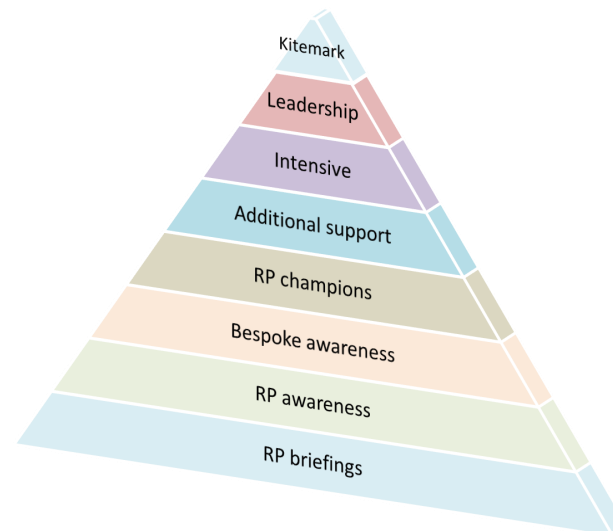
The essence of restorative practices is that human beings are happier, more productive and more likely to make positive changes in their behaviour when those in positions of authority do things with them, rather than to them or for them.

It offers clear and proven ways to build better managers and stronger teams, equipping them with skills to face change and develop services to show clear outcomes and improvements. Restorative practice supports staff working with children and young people and the people caring for and supporting them before situations get to crisis point. Working *with* families, rather than doing things to them or for them builds resilience, enhances problem solving skills and fosters compassion over aggression.

HOW DOES IT DO THIS?

Restorative practice training looks at developing awareness and skills in areas such as

- Understanding and embedding fair process
- Affective language
- Building communities
- Resolving conflict and repairing relationships
- Active listening



Restorative practice training pyramid

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The team offers a wide range of training including:

Restorative practice awareness training sessions

- A 3 hour introduction to restorative practice open to anyone interested in finding out what it is all about.

Bespoke awareness sessions

- These can be delivered flexibly over shorter sessions at your own venue and will focus on your specific needs.

'Intensive' training

- These sessions are targeted at colleagues going into homes or settings with more direct day-to-day contact with vulnerable families. It will give you a series of practical tools to start using restorative practice in your daily work.