

YouthWatch Leeds (part of HealthWatch Leeds) are offering a FREE session to years 6 and above about young people's rights when accessing health services. The session is co-facilitated by young volunteers from YouthWatch and a worker from Healthwatch Leeds, and lasts approximately 1 hour.

By the end of the session, young people should be able to:

- Know their rights in the NHS
- Be able to use those rights to determine whether they receive good or bad care
- Know what to do if they don't feel their rights were met or they got bad care

We also use the session as an opportunity for young people to share any good or bad experiences of health and social care services to help us get a picture of what's working and what's not in Leeds.



“I learnt a lot about the NHS” (young person, year 6)

“I learnt more about my rights- something I didn't really even know so the session has been a big help.” (young person, year 6)

For more information about this session, contact Harriet Wright

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