



Pupil Voice, Participation and Sustainability bulletin.

October 2022

As we head towards the end of the first half term of the academic year, we hope that everyone has now settled in with their new classes and that you enjoy a good rest over the half term break ahead.

In this bulletin you will find information to support your school with climate education, sustainability and promoting strong pupil voice and participation in your school plus an important update on supporting mental health.

As a service, we are committed to supporting Leeds to become a Child Friendly City and we would encourage all staff in Leeds schools to take a look at the [refreshed 12 wishes](#), developed alongside children and young people, and think about ways you, and your school, could support some of the new wishes to be met.

Mental Health

The top priority for children and young people across Leeds is mental health. Wish number one of the Child Friendly Leeds 12 wishes is:

- Children and young people know how and where to get support for their mental health and wellbeing if they need it.
- Children and young people have a greater understanding of their mental health and emotional wellbeing. They know where to get information and advice and who to speak to, to help them find services and support and it is available to them when they need it.

We would, therefore, like to remind school staff of our [A-Z of mental health support resource document](#) available for all schools in Leeds to be used in conjunction with the [MindMate website](#).

Following consultation and feedback from schools/settings in Leeds, schools will now be able to refer directly to MindMate SPA (Single Point of Access for children and young people's mental health support) for both emotional wellbeing and neurodevelopment pathways. Find out more in the article below.



[New Schools Guidance for completing a MindMate Single Point of Access \(SPA\) referral](#)

Find out how to refer a student to MindMate SPA

This article includes an information leaflet to download for use in school.



[Speak up Leeds campaign and Black Boy Joy movement.](#)

Find out more about the #SpeakupLeeds campaign launched yesterday on World Mental Health Day.

This article includes a link to the website which contains videos to watch and further information.



[10 -18 year olds can access mental health support with no waiting list.](#)

Learn how to signpost 10-18year olds who need mental and emotional wellbeing support to Kooth.com

This article includes links to order free resources and book free training.



Pupil voice and participation update:

Wish number three of the Child Friendly Leeds 12 wishes is:

- Children and young people express their views, feel heard and are involved in decisions that affect their lives.

We have lots of ways that you can support this wish...

One of the tools that we use to ensure that children's views are heard regarding health and wellbeing is through the information gathered via the [My Health, My School pupil perception survey](#). The survey is now live for 2022/23 - please [register on the website](#). The survey is provided at no cost to all schools in Leeds - but any school across the country can utilise the survey to support them in gathering pupil perception on important health and wellbeing topics.

We also have a new My Health, My School survey School Resource Pack & Pupil Campaign Tool which provides a set of resources to help schools and their pupils analyse and report on the results of the survey within school and identify key areas of development and action.

Further pupil voice and participation opportunities:



[Magistrates' court mock trial competition - deadline to apply 14th October](#)

Support developing skills such as public speaking, collaboration and critical analysis.

This article includes a link to enter the competition.



[Young people's opinions needed!](#)

Encourage young people aged 9-18 to take part in the Leeds Youth Council's survey

This article includes a link to the survey.



[Free resources to support anti-bullying week! \(14 - 18 November\)](#)

Download resources from the Anti Bullying Alliance.

This article includes links to free resources for primary and secondary schools.



[Free Community Matters resource and free training from the refreshed 'Archbishops' Young Leaders Award'](#)

Download free resources to explore why community matters and look at a range of social and environmental matters.

This article includes a link to download resources and book on free training to find out more about the Young Leaders Award..

Pupil voice training:



[School food ambassadors pupil training](#)

13 January 2023 09:30 - 12:30 at Moyes Centre, Bishop Young Academy, Seacroft

Training for pupils and teachers together to help you improve or transform your school lunch service through the eyes of the child.



[School MindMate Ambassadors pupil and teacher training](#)

22 June 2023 9:30 - 12:00 at Moyes Centre, Bishop Young Academy, Seacroft.

Training for teachers and pupils together to support you in using the toolkit and planning activities to help your school become a healthier, happier place.



Sustainability updates:

Wish number five in the Child Friendly Leeds 12 wishes is:

- Everyone takes more action to protect the environment from climate change.

Don't forget, if your school has a full Health and Wellbeing SLA you are entitled to a free one hour [Eco Team training session](#) in school with your Eco Team and Climate Change Champions. Sessions are available to all schools in Leeds with a cost of £90 for schools with a basic package or no SLA.

Sustainability opportunities:



[£500 to be won - for you, your School Council or Eco-team!](#)

Don't forget to submit your recycling video or animation by midnight on 6 November.

This article includes a link to gain more information and enter the competition.



[Transform Our World youth summit - 7 to 18 November.](#)

Choose your sessions to join the Transform Our World Youth Summit during COP27.

This article includes a link to the timetable of sessions available.



Further information and opportunities for settings:



[Reminder of the free period product scheme for schools](#)

Order period products for school.

This article includes a link to the online ordering portal.



[Support families with access to food and support financial wellbeing](#)

Please help share this updated information with families across Leeds.

This article includes two printable leaflets for families.



[Caring Dads programme](#)

Understand more about the Caring Dads programme and how to make a referral.

This article includes information about the programme and a printable information sheet for referrers.



[NHS funded pregnancy advisory service available in Leeds.](#)

Share information about this new service with colleagues and young people.

This article contains a link to the Women's Health project page and referral form.



[Governors' views wanted by DfE on school food guidance and training](#)

Please encourage governors to undertake the survey for the DfE to help shape training on school food.

This article includes a link to the survey.



Training:

Don't miss training for the rest of this half term...

[View our full programme of CPD on Leeds for Learning](#)



[Effective leadership & management of PSHE](#)

18 October 2022 9:15 - 12:00 at Technorth, Chapel Allerton.

Ideal for primary and secondary Personal, Social, Health and Economic (PSHE) Education subject leaders, who may be new or recently appointed to the role or simply desire further support



[Virtual: Free training session drugs information and brief advice](#)

19 October 2022 9:30 - 1pm online

Suitable for all staff to support your knowledge and confidence in delivering effective drug education to young people.



[Virtual: Free bitesize session for school staff: understanding weight stigma](#)

19 October 2022 3:30 - 4:30pm online

Essential briefing for all staff from all phases to support minimising bias associated with weight in adults and children.

Plan ahead for next half term....



[Delivering secondary and post 16 relationships and sex education with confidence](#)

9 November 2022 9:30 - 3:30pm at Technorth, Chapel Allerton.

Suitable for all teachers who need to teach RSE in secondary or post 16 settings.



[Virtual: Delivering primary relationships and sex education \(RSE\) with confidence](#)

10 November 2022 9:15 - 12:30 online

This course will support primary staff in choosing resources, creating a safe environment and gaining confidence to teach some of the more sensitive areas of relationships and sex education.



[Level 2 food safety training](#)

5 December 2022 1pm - 3:30pm at Technorth, Chapel Allerton

Suitable for anyone preparing or serving food in lessons or throughout the school day.



[Virtual: Free bitesize session for school staff: how current affairs can support PSHE in schools](#)

14 November 2022 3:30 - 4:30 online

Suitable for all staff from all phases - each attendee will receive a free poster pack of resources and British values display pack.



[Free school meals and food poverty](#)

25 November 2022 9:30 - 12:30 at Technorth, Chapel Allerton

Supporting you with addressing food poverty and hunger in school and for families at home - delivered in partnership with Leeds Council Tax and Benefits service.



[Virtual: How Ofsted inspects 'Personal Development'](#)

29 November 2022 9:30 - 12:30 online

This training is for primary and secondary PSHE education subject leaders who want support to plan and prepare for an inspection.



[Leadership and management of food in school](#)

8 December 2022 1:00 - 4:00pm at Technorth, Chapel Allerton

Supporting school leaders to meet statutory guidance through a whole school approach.



The Refreshed 3As Plan

Supporting education settings with raising outcomes for children and young people

www.leedsforlearning.co.uk



For more information about our service, resources or support please email schoolwellbeing@leeds.gov.uk