

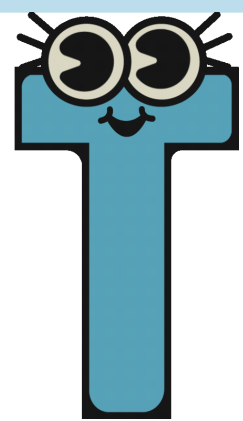
# The **STEP** framework

A simple guide to adapting and differentiating PE lessons to ensure engagement, challenge and success.



## **Space: Where the activity is happening**

E.g. Increase or decrease the size of the playing area  
Modifying the space available will provide different challenge. More space allows for more reaction time, a larger target area allows for more success.



## **Task: What is happening?**

E.g. Modifying the task by changing what you are asking the children to do. Add more rules to provide challenge, allow more or less time, think about different ways to take part - e.g. use non dominant hand only, must include 3 passes before a shot at target. More confident gymnasts could jump from higher apparatus or create longer sequences.



## **Equipment: What is being used?**

E.g. Modify the equipment by changing the size, shape, colour and even texture. Vary the amount of equipment on offer or the organisation of the equipment. Deflating balls slightly can slow them down and make them easier and less intimidating to catch.

The use of bell or rattle balls can assist the inclusion of some players.



## **People: Who is involved?**

E.g. Modify the people involved by having children work alone practicing skills or working on a personal best, with a partner, in small teams etc. Vary the level of support given.

